



CIRCLE OF SECURITY PARENTING

At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security® Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.



The COSP™ model works with parents and care-givers to help them to:

- Understand their child's emotional world by learning to read emotional needs
- Support their child's ability to successfully manage emotions
- Enhance the development of their child's self esteem
- Honor the innate wisdom and desire for their child to be secure

STARTING MARCH 13, 2024 FROM
5:00-6:30 PM – VIRTUALLY 8 WEEKS

FAMILIES WITH CHILDREN AGE 0-12

MEDICAID AND INSURANCE ELIGIBLE,
\$12 PER GROUP SESSION IF SELF-PAY.

TO ENROLL: Contact
referrals@slvbhg.org or call 719-589-
3671 with questions. Complete a
walk-in intake M-F 8-4.

8745 County Rd. 9 South
Alamosa, Co 81101

www.slvbhc.org